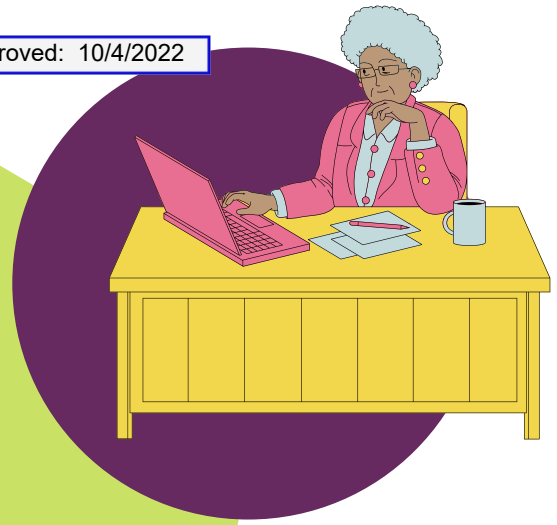




IRB Approved: 10/4/2022

# Do you care for a family member with dementia? Call us! 503-701-8566



PI: Dr. Allison Lindauer | OHSU IRB # 22288



## Join the Tele-STELLA Study

Would you like to learn more about coping with upsetting behaviors?

Researchers are working to understand how to help family members who care for someone with dementia.

### STUDY PARTICIPATION INCLUDES:

- 16, 1-hour visits by video conference to learn how to manage challenging behaviors
  - 4 private visits with a professional Guide
  - 4 small group meetings with a professional Guide
  - 8 large group meetings with a professional Guide
- Complete electronic surveys over 6 months to 1 year
  - 6 surveys about mood, coping, & family member behaviors
  - Brief weekly surveys about mood and costs of care
- An optional focus group

Gift cards up to \$100 may be provided for completing all study activities

### YOU MAY BE ELIGIBLE IF:

- You care for a family member with Alzheimer's disease or a similar dementia
- Your family member has 2 or more bothersome behaviors (such as asking the same question over and over, pacing, or refusing personal care)
- You provide care and/or supervision, for 4 or more hours per week

### ADDITIONAL INFO:

- All study activities are done from your home, no travel is needed
- Your family member with dementia does not need to live with you
- We can loan you a computer if you do not have one

For more information,  
visit our website  
[www.tele-stella.org](http://www.tele-stella.org)

SCAN THE QR CODE

