Do you care for a family member with dementia?
Call us! 503-701-8566

Join the Tele-STELLA Study

Would you like to learn more about coping with upsetting behaviors?

Researchers are working to understand how to help family members who care for someone with dementia.

STUDY PARTICIPATION INCLUDES:

- 16, 1-hour visits by video conference to learn how to manage challenging behaviors
  - 4 private visits with a professional Guide
  - 4 small group meetings with a professional Guide
  - 8 large group meetings with a professional Guide
- Complete electronic surveys over 6 months to 1 year
  - 6 surveys about mood, coping, & family member behaviors
  - Brief weekly surveys about mood and costs of care
- An optional focus group

YOU MAY BE ELIGIBLE IF:

- You care for a family member with Alzheimer’s disease or a similar dementia
- Your family member has 2 or more bothersome behaviors (such as asking the same question over and over, pacing, or refusing personal care)
- You provide care and/or supervision, for 4 or more hours per week

ADDITIONAL INFO:

- All study activities are done from your home, no travel is needed
- Your family member with dementia does not need to live with you
- We can loan you a computer if you do not have one

For more information, visit our website www.tele-stella.org

Gift cards up to $100 may be provided for completing all study activities

Scan the QR code

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OHSU

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